

# Voices beyond the Virus

*An Invitation for You to Speak and Remember*

Your first name or initials: \_\_\_\_\_ Your age: \_\_\_\_\_

The town and state where you live: \_\_\_\_\_

## Voices 11: Nurses, Doctors, and EMTs during the Pandemic

In most communities, doctors, nurses, and emergency medical technicians (EMTs) are working extra hard during the pandemic. If you have a family member or a neighbor who works in health and medicine, what changes have you noticed about his or her work schedule?

If you have a friend or family member who is retired from one of these fields and has time to talk on the phone (or respond to email), ask about any experience they may have had during a community emergency.

The following jobs also seem to be harder during this pandemic. What have you noticed or heard about people in these professions?

Grocery store worker

Pharmacy workers

Town mayor or other local political leader

Religious leader

Policeman or police woman

Business owner

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## Voices 12: You Have a Pandemic Story to Tell

Weeks of staying at home can make it seem as if this pandemic may go on forever. But someday, it will end and be labeled as “history.” You have *lived* this history and have a pandemic story all your own. The story may seem so large that you cannot possibly capture all of it, but don’t worry about that. If you write a few sentences in your journal and hundreds of other people do the same, we can tell the story together.

Here are a few questions that might get you started with journaling about the pandemic. What is one thing you will always want to remember about this time in your life?

What is one thing you would want to tell a young person who experiences a pandemic in the future?

Do you want to learn more about pandemics?